

Clifton Clatter



President's Corner

I googled “volunteer” and Wikipedia says “Volunteering is generally considered an altruistic activity where an individual or group provides services for no financial or social gain "to benefit another person, group or organization". Volunteering is also renowned for skill development and is often intended to promote goodness or to improve human quality of life. Volunteering may have positive benefits for the volunteer as well as for the person or community served” I want to thank all those who have volunteered and those who were “voluntold”. I hope it has improved your quality of life. Our volunteers certainly improve mine!

Michelle Stein is the President of the Clifton Betterment Association (CBA)

DATES FOR YOUR CALENDAR!

October 13	Clifton Day
October 19	Barn Dance
October 26	Clifton Haunted Trail
October 31	Halloween Trick or Treating

Happy
FALL
Y'all

cliftonhauntedtrail.com

PG-13



Lots of Scary Skits

Food and Beverages
for Sale

Trattoria Villagio

Bake & Brew

Sweet Lucy

Advance Sale Tickets

\$18.00 Adults

\$13.00 12& under

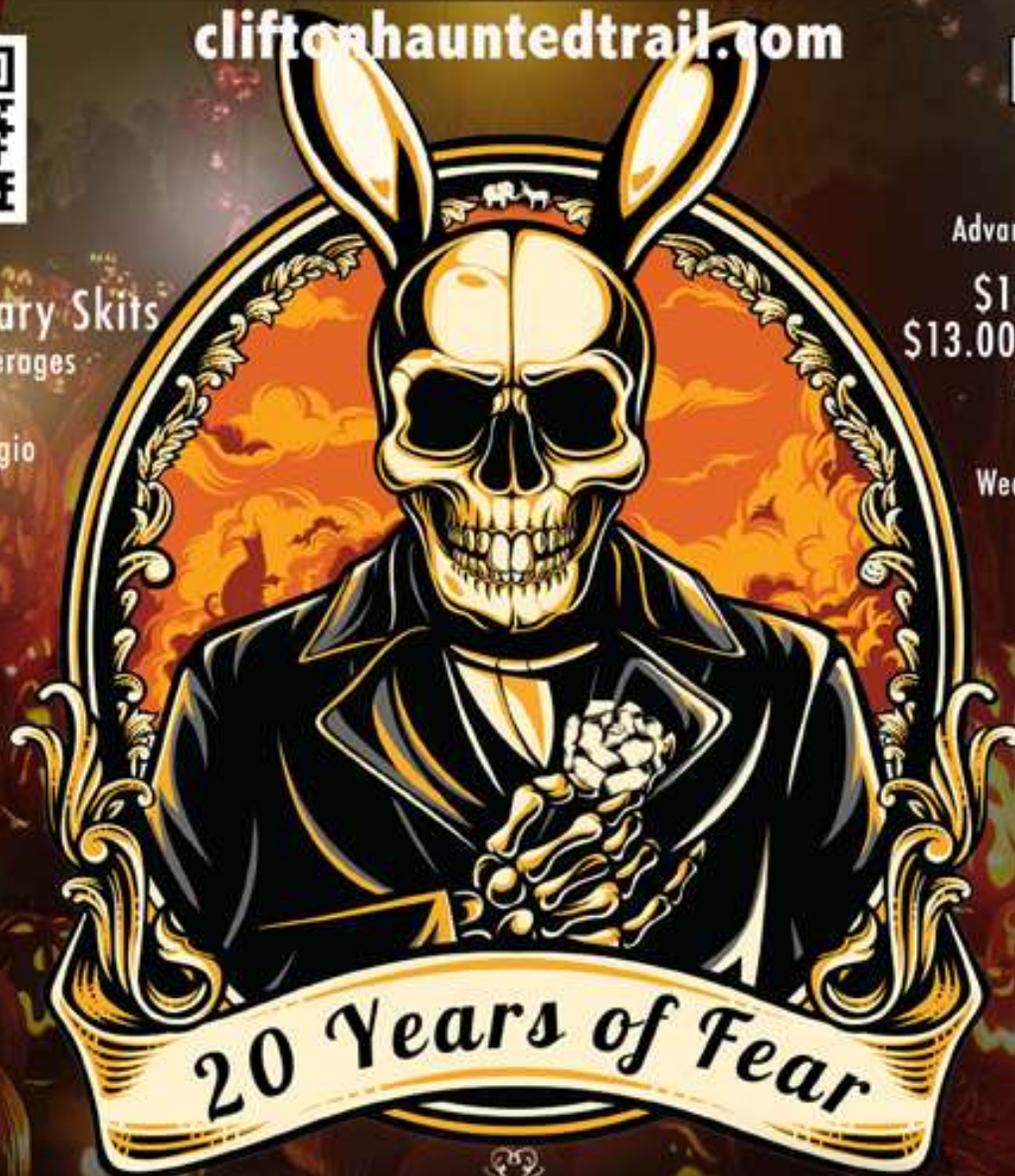
\$20.00/\$15.00

at the event

Wear Sturdy Shoes

Buckley Park,,

Clifton VA



CLIFTON HAUNTED TRAIL

Saturday October 26th 7:00-10:00

Special Thanks To Our Sponsors: Northern Virginia Conservation Trust, Villagios Hospitality Group, NOVEC Environmental Consultants and Contractors, Trummers American Bistro, Julia Ross Tutoring, Wine Attic, Main Street Pub, Clifton Cafe, Apex Electric Services Inc., Carrie and Co.Real Estate Group, The Centers For Advanced Orthopedics, Wegmans

“CLIFTON SCARES ME”

The last days of summer can bring on such melancholy...shorter days, time to head back to school, homework, excessive traffic, who could blame us for feeling blue? But wait...

The end of summer also means that there are fewer than 2 months until the OTHER fabulous time of year -- “The Season of the Haunted Trail!” 2019 is also the 20th anniversary of the trail so the scares will be scarier, the frights will be more frightening, and the experience will be nothing shy of spooktacular!

If you’ve never experienced the Trail before, this is the year to do it. Be prepared...this is no ordinary Halloween trail, and it is most definitely NOT for the faint of heart. The Clifton Haunted Trail is a 35-minute walk through the woods, in the dark, surrounded by surprises – and it is terrifying!

Those of you who are experienced trail-goers, you can expect your favorite experiences - confronting the horrifying faces and sounds of the children of the corn, being chased by members of the chain saw gang, celebrating with the dancing skeletons, and, of course meeting the legendary, and nightmare-provoking Bunnyman. Naturally, you never know when or where any of them will appear, so if the scares don’t get you, the suspense surely will! There will be plenty of new additions to the event in 2019 in honor of the 20th anniversary, so don’t think your familiarity with the trail will lessen the experience – always expect the unexpected!

The trail is not recommended for children under the age of 13. If you’re too nervous at any age to walk the Trail, and don’t want the humiliation of turning back, just come and enjoy the festivities of the evening – there will be PG movies (for free), food, drinks, other concessions, and scores of people who want to share the scare, and feel safety in numbers..., but is there really safety in numbers?

If you’d like to participate in this amazing event, please consider signing up to help with any number of fun tasks. Go to Cliftonhauntedtrail.com to see the list of possible things you can do to be part of the fun! And please support the local businesses who sponsor the trail.

★ CLIFTON ★ BARN DANCE

(ADULTS ONLY)

**SATURDAY, OCTOBER 19TH, 7:30PM
IN THE CBA BARN**

**A wonderful time is had by all
when we meet at our dancing hall.
You make new friends and socialize
in cowboy boots that tantalize.**

**Mac and Phyllis are calling now.
We make a square and take a bow.
Partners left and the corners right,
remember that throughout the night!**

CBA MEMBER COUPLES: \$35

NON-CBA COUPLES: \$45

SINGLES: \$25



For registration & payment use the link below:

<https://www.signmeup.com/site/reg/register.aspx?fid=MY2VXG7>

PAYMENT REQUESTED NO LATER THAN WEDNESDAY, OCTOBER 16TH

Please bring an appetizer or dessert to share. Beverages provided.

For more info contact Linda Dlseall @ 703.919.5337

Clifton Kids

Clifton Critters Corner!

5 Fall Senses – Autumn Edition

Sight

Can you pronounce **chlorophyll**, **carotenoids**, and **anthocyanins**? We owe it to these three tongue twister words for the colors our Virginian trees change during fall.

chlo-ro-phyll: a green pigment, present in all green plants and in cyanobacteria, responsible for the absorption of light to provide energy for photosynthesis.

ca-rot-e-noid: any of a class of mainly yellow, orange, or red fat-soluble pigments, including carotene, which give color to plant parts such as ripe tomatoes and autumn leaves.

an-tho-cy-a-nin: a blue, violet, or red flavonoid pigment found in plants.

Family Activity: There are so many wonderful places right inside our lovely state that provide spectacular and colorful views. A road trip up to Skyline Drive is a great way to spend a weekend day. Can you identify which tree each leaf belongs to by sight alone? Go outside for a leaf hunt exploration!

Hearing

During the fall, many birds begin to migrate in pursuit of warmer weather. Many different kinds of songbirds and birds of prey make their way south, and right now we're in the peak season, and peak location! You've probably seen a red-tailed hawk or a goose in near your home, but many other birds are flying through this time of year. Did you know? A gaggle of geese is when there are a group of geese on the ground, and they are a flock of geese when they're in their awesome "V" formation in the sky.

Family Activity: Try and listen out for new songbirds you don't normally hear from our winged friends passing through. Can you imitate the sound? Can you identify a bird species by their call alone? Talk with your members of your family on which bird is your favorite and why. Personally, I'm partial to the beautiful cardinal.

Touch

How much fun is it to jump inside a big pile of leaves? It's also a great way to help around the yard and a good form of exercise. Raking is a chore that can be enjoyable!

Family Activity: Rake the leaves at your home (with a parent's permission of course) and have a pile to jump into as a reward for your hard work. Be mindful of twigs and branches, make sure they're all removed before you say "cannon-ball!"

Taste

Roll up your sleeves, its pie seasons everyone! Apples, raspberries, figs, sweet potatoes, and many of the tastier vegetables and fruits are in their prime during this time of year. Speaking of figs, did you know that a fig is an inverted flower? Its not a fruit! If you've never seen a fig (out of Newton form), ask a parent if they'll purchase one for them to show you.

Family Activity: While summer is for delicious ice cream at Peterson's Ice Cream Depot... fall is apple's turn to shine and can be made into many desserts! But all good things should be earned right? Maybe you can help with some yard work, chores, or finish all your homework early? Ask a parent if there is a way you can earn the reward of making a caramel apple station at home. You can set up sprinkles, peanuts, mini M&Ms, etc., to customize and enjoy! Great for sleepovers or family gatherings!

Smell

Just another reason fall is incredible. So many delicious scents come out this time of year. Cinnamon, pumpkin, cloves, oh my! I try and get my hands on as many of the seasonal candles I can while they are in the local stores. One of my favorite scents, pine, is caused by a type of **terpene**. Mix that with the smell of wet fallen leaves, and the smell of a bonfire... it doesn't get much better!

ter-pene: Any of a large group of volatile unsaturated hydrocarbons found in the essential oils of plants, especially conifers and citrus trees. They are based on a cyclic molecule having the formula $C_{10}H_{16}$.

Family Activity: With a parent, look up some fun do-it-yourself soap, bath bomb, scented pine cone, or sugar scrub recipes. We've made plenty in our home, and it's a great way for everyone to create their own unique mix of scents using essential oils and dried flowers.

Crystal (Harrington) Bailey

Historic Clifton

One of our most common frustrations in the Clifton area is that of TRAFFIC! Speed limits, careless driving, passing unsafely on busy roads and the need for construction/maintenance for both the railroad and streets entering/exiting our little town - seem to be an eternal headache. Heavy rains compound the situation. It is VERY hard to imagine that Clifton's Main Street & arteries were once but a dirt road – with constant consternation over muddy ruts, messy passage and an ongoing need for stability. So it seems in 1922, the Historic Town of Clifton was similarly struggling. What is joyous to see within the information of her weekly “Fairfax Herald” column is the pride in friendships, entertainment, concern over neighbor's health, hospitality and the welcome of stories from “across the pond” as we now say. Enjoy these two columns from the late summer/early autumn season that represent a universality of spirit and town issues – still with us in 2019!

Lynne Garvey -Hodge

Fairfax County History Commission, Annual Conference Chairperson

September 1, 1922, “Fairfax Herald”

Miss Augusta Robey continues quite ill, much to the regret of her friends.

Miss Nellie Cross has returned from a short visit with friends in Alexandria.

Miss Ellie Brown has returned from a short visit to Mrs. Helen Manly, in Washington.

Mssrs. Lewis and Irvin Quigg, with their sisters, Misses Ruth and Helen, have returned from a pleasant auto trip to points in Delaware and Pennsylvania.

Mrs. Isaacs, and her son, Billie, of Baltimore are guests at the home of Mrs. Margaret Detwiler.

Construction work on the road between Centreville and Clifton is nearly completion, the road force now working within a short distance of Centreville.

Mr. “Dee” Kidwell who injured his eye about two weeks ago, suffered the loss of the eye. He is now able to return home, but is going into Washington frequently for treatment.

By the breaking of a coupling pin of a passenger train, Saturday last, at this place, the train was separated into two parts and was delayed in moving. No damage was done.”

September 8, 1922, “Fairfax Herald”

This rain Saturday last beat all records. Pope's Head Creek was higher than it has been for many years. The mail routes could not be completely served on account of the high waters.

Mr. Josh Buckley gave a dance in the town hall Wednesday night last.

Miss Dorothy Haycock entertained Thursday night in farewell to Mr. Blake Sudlow of Toronto, Canada who has been visiting at her home for some time.

Misses Miriam and Frances Buckley entertained Monday afternoon at their home.

The community was invited to a basket picnic Monday at the home of Rev. C. J. Fry, and many attended.

Among the weekend guests at the Quiggs was Miss Janine Sauber.

Miss Rosamond Burke is here for a short visit.

Mr. Carver who has been in Europe to buy goods for prominent firms in the county, has returned home and rejoined his wife at the home of her parents, Rev. V. H. Couneill and Mrs. Couneill.

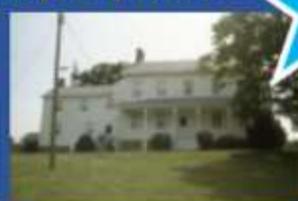
Mrs. W. H. Clarke of Fairfax, was a recent visit to friends here.



Save the Date!



Fairfax County's Fifteenth Annual History Conference



50 Golden Years of Historic Preservation

in Fairfax County: 1969 – 2019

And 400 Years of African American History in Fairfax County



Saturday – November 9, 2019; 8:30am – 3:30pm

Stacy C. Sherwood Community Center, Fairfax, Virginia

Robert Stanton, Director, National Park Service (Retired),

Panel Presentations, Re-enactors, Past, Present & Future Discussions, Breakfast, Lunch, Trivia & Swap & Drop Table: \$25.00

<https://www.fairfaxcounty.gov/history-commission/> for further information, please call: Lynne Garvey-Hodge, 571-655-5630



Professional Tutoring, LLC

SAT Prep • Tutoring

College Coaching

Math • Science • English • History

Foreign Language • Study Skills

Fairfax Station, VA

703-830-7037

JuliaRossPT.com



www.cliftonhorsesociety.org



DWCNV members have been working hard to elect and re-elect our Democratic nominees. These are a few of our ongoing activities. Join us!

In September we hosted an Ice Cream Social Meet and Greet where members and guests heard from Sen. George L. Barker (39th District), Dan Helmer (40th House District candidate), Del. Kathy Tran (42nd District), Linda Sperling (Springfield Board of Supervisor's candidate), Laura Jane Cohen (Springfield School Board candidate), and our three School Board At-Large candidates: Rachna Sizemore Heizer, Abrar Omeish, and Karen Keys-Gamarra.

On October 13th we will participate at Clifton Day for our local Democratic candidates. If you would like to help staff our booth, please let us know by emailing cliftonwomendems@aol.com.

On October 20th, from 3 to 5 p.m., we will hold our General Meeting at the Clifton Town Hall. The topic is "It's Your Turn!" Members and guests will be asked what topics and programs they want to address in the future.

November 5th is Election Day. Polls are open from 6 a.m. to 7 p.m.. If you would like to help on that day, please contact us.

On November 17th we will host our Annual Holiday Projects and Potluck Dinner at the home of a member. Again we will be hearing from and donating to two charities: Britepaths Grocery Store Gift Card Program for Needy Families, and Fairfax County Firefighters and Friends to the Rescue Toy and Coat Drive. You do not have to be a member to donate to these excellent organizations.

We are not all work...we have fun too! This past summer we marched in the Clifton 4th of July parade, and we gathered at a local restaurant for dinner as we do every few months.

The Democratic Women of Clifton and Northern Virginia welcomes all Democratic women from Northern Virginia to join our organization. We are dedicated to providing a friendly forum in which Democratic women educate themselves, discuss important issues of the day, and work together to help elect Democrats to local, state, and national offices. We strive to build political awareness among members of our community, influence public policy, promote participation in political processes, and encourage connections between regional leaders and the local community. We do this through our educational meetings, newsletters, and our social events. For more information, contact us at cliftonwomendems@aol.com. You can also check out our website at <http://www.democraticwomenofclifton.org/> and our Facebook page at <http://www.facebook.com/DWCNV>.





School Board candidate Zia Tompkins (third from left) joins volunteers from the Republican Women of Clifton and Woodson High School as they work the Republican booth at the Burke Farmers Market. Photo by Donna Curtin.

Farmers Markets: Produce and Politics

Have you been to one of the numerous Farmers Markets in the area? They are a shopping delight! Try the nearby Burke Farmers Market at the VRE station and stop by the red canopy to chat with members of the Republican Women of Clifton. We are there to answer questions on the upcoming election, hand out candidate literature, and register residents who haven't voted here before. It truly is a happy, uplifting booth. Sample the candy, wave one of the little

American flags, blow mini-bubbles, pick out a Snoopy sticker or ride the rocking elephant (small children only!). There are pocket Constitutions there for the taking. It is said that if you put one under your pillow when you sleep, osmosis can occur. Worth a try, no?

During this election cycle, we spend most of the time explaining the November ballot to prospective voters. Most voters do not realize that candidates who are running below the state level will not have a party designation of "R" or "D" next to their name. They are non-partisan and are endorsed by party. This party endorsement will not be reflected on the ballot. These are candidates for Commonwealth's Attorney, School Board (vote for FOUR!), Soil and Water (vote for THREE!), Fairfax County Board of Supervisors Chairman and District Supervisors. There will also be a school bond on the ballot.

It can be helpful for voters to look for Sample Ballots outside the polling location before voting. Volunteers hand out these ballots, so if you are looking for something to do during election time, give us a call! Numerous high school students find that handing out Sample Ballots, as well as volunteering at the Farmers Markets, are great ways to earn those government hours. . . and we love to have them volunteer with us.

Another fun way to see us in action is at Clifton Day! It will be held on Sunday, October 13, in Clifton . . . right down the center of town. Come look for the red canopy and the energetic volunteers. There may be bubbles as well.

Get information on the candidates, yard signs and the numerous ways to volunteer to help with the November election. If you would like to help out with our booth, let us know and we will sign you up. We welcome student volunteers as well. And yes, you will have time to meander throughout all the other booths and sample the great treats.

We have started up our monthly membership meetings as of September after a hiatus during the summer. Our next meeting will be October 16 in Fairview Elementary School. We welcome members of the community to come check us out at CliftonGOP.com We are busy volunteering all over the county. Our club has numerous strong community leaders who bring a wealth of knowledge to the decisions that we make and the actions that we take. We work hard, but we make it fun too. Come join us!

Clifton Cooks!

We thought it would be fun to print some recipes from the [Clifton Gatherings : A Clifton Community Cookbook](#), printed in the early 90's. This recipe is from the Harvest section. Enjoy!

ACORN SQUASH BISQUE

3 Tbsp. butter
1 c. onion, finely chopped
1 c. carrot, grated
Salt and white pepper to taste
2 medium potatoes, peeled and cubed
2 acorn squash, peeled and cubed

5 c. chicken broth (preferably a combination of homemade and canned)
½ c. heavy cream
½ c. milk
Cayenne pepper to taste

Melt butter in saucepan. Add onion, carrot, salt, and white pepper. Cook at a low temperature until soft, stirring often. Add the potatoes and squash. Pour in chicken broth and simmer, covered, over low heat for about 25 minutes, or until all vegetables are tender. Cool to warm and puree in a blender or food processor. (May be made 1 day ahead at this point.) Return to stove. Add milk and cream; reheat, being careful not to boil. Sprinkle each serving with a dash of cayenne. Serves 6.



Around Clifton

Paperwork MAVEN,LLC

J.J. Jackson

Quicken, Quickbooks Online and
Medical Paper Management

📞 703-266-6962

🌐 paperworkmaven.com

✉️ jj@paperworkmaven.com



No Mess is Too Big to Handle

Place your ad here

Contact Ann O'Dea

Cliftonclatter@gmail.com

Hello,

We are holding symposiums for community association decision-makers (and anyone else who is interested), and would be very pleased if you would come. If you could also forward this to your associates, that would be great! Please see below.

For anyone who can't make it, we also have a lot of suggestions on our website (plantnovanatives.org) for how to create environmentally-friendly landscaping.

HOAs and Condo Associations: Sustainable solutions to landscaping headaches

Friday, October 4 or Saturday, November 2, 9:30 am – 1 pm.

(Choose one. The content will be identical.)

Are you involved in planning the landscaping or outdoor maintenance for your HOA or Condo Association? Come explore the many ways your community can adopt healthy landscaping practices. Board members, landscape committees, property managers, and landscape maintenance companies are particularly encouraged to attend, but everyone is welcome. [See details and sign up here.](#)

Margaret Fisher

Chair of the Outreach Committee, Plant NOVA Natives

www.plantnovanatives.org

703.244.9174



Membership Corner

The CBA board is in the process of updating membership lists and creating a usable database to track membership. I'm happy to say that we now have a completely updated, fully functional database!

The majority of memberships in the CBA have lapsed, so I have now begun the process of reaching out to past members via email. I'm getting quite a few email bounce backs, so I may be following up by phone as well.

If you know that your membership has lapsed, please go ahead and renew online (<http://www.signmeup.com/site/reg/register.aspx?fid=6X2VMJ7>). You can also send in the form in the Clatter via snail mail.

If you are wondering if your membership has lapsed, or if you have questions about membership, please don't hesitate to email me at CBA.VA.Membership@gmail.com. I'm happy to answer any questions you have.

For current members, who are expiring, you will be receiving an email from me one month before your renewal is due.

We are also trying to reach out to potential members, so please mention the CBA to your new neighbors!

Jennifer M. Lowe Davis

Membership Chair

CBA.VA.Membership@gmail.com (703) 307-3747

A friendly reminder to please clean up after your furry friend.



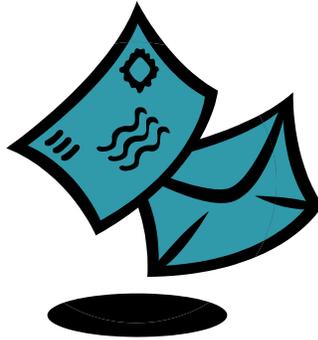
Ideas for articles, etc. for the Clatter? Please contact cliftonclatter@gmail.com



ideas

Attention All Post Office Box Holders in Clifton

When telling people your mailing address, please list the street info under your name with the post office box below the street. It is also fine to just use the P.O. Box number. Thanks!



Green Space in Clifton

All events taking place on any green space in Clifton need to be registered on the Town calendar (which is kept by Donna Netschert) to avoid event collision regardless of whether or not it is a private, Town or CBA sponsored event. Green space includes Playground Park, Ayre Square and the 8 Acre Park. Groups larger than 10 need to make a reservation and may be subject to rental fees.

To rent or reserve any green space, please call Donna Netschert at 703-830-2727 or email villagetimesaver@aol.com.





CLIFTON BETTERMENT ASSOCIATION

Clifton Betterment Association
Clifton, VA 20124
www.cliftonva.org

CBA Membership Form

Date _____

Name (first & last names) _____

Partner or Spouse Name _____

Children's Names (or Others At Home) _____

Street Address: _____

P. O. Box _____

Town, State, Zip _____

Telephone 1 _____ Telephone 2 _____

E-Mail 1 _____

in directory: include do not include

in email announcements list : include do not include

in newsletter distribution list : include do not include

E-Mail 2 _____

in directory: include do not include

in email announcements list : include do not include

in newsletter distribution list : include do not include

Please check type of membership:

Family Membership

2 yr. Family Membership - \$45

1 yr. Family Membership - \$25

Individual Membership

2 yr. Individual Membership - \$25

1 yr. Individual Membership - \$15

Senior Membership - Free

QUESTIONS? Contact Jennifer Lowe-Davis, Membership Chair, CBA.VA.Membership@gmail.com

Mail form and check, made out to CBA, to: Jennifer Lowe-Davis, CBA, P. O. Box 94, Clifton, VA 20124

Members must live within the CBA boundaries (Clifton Elementary)

Information about the Clifton Clatter and the Clifton Betterment Association (CBA)

Clifton Betterment Association Officers

President - *Michelle Stein*

1st Vice President - *Jan Schneiderman*

2nd Vice President - *Steve Bittner*

Secretary - *Chris Spina*

Treasurer - *Mike Davis*

Clifton Clatter Volunteer Production Team

Volunteer Editors: Ann O'Dea

Email: cliftonclatter@gmail.com

Questions, concerns, or news to share? Contact the Clifton Clatter at cliftonclatter@gmail.com. The Clifton Clatter is published four times per year and is the official newsletter of the Clifton Betterment Association (CBA). Its contents are for information only. Articles express the opinion of the authors, not the CBA. The CBA Officers, the Clatter Publisher, and the contributors assume no responsibility for errors, omissions, or consequences resulting from information provided in this edition. The CBA does not officially endorse any of the products or services advertised herein.

The Clifton community affirms a desire to interact with one another in an environment of respect and integrity.

We are a community that:

- is committed to the dignity and value of one another.
- assumes the best in each other.
- communicates clearly and directly.
- provides open forums to address difficult issues in an orderly, respectful manner.
- behaves towards one another, both individually and collectively, with honesty, decency and responsibility.
- holds the preservation of our unique historic character in the highest regard.
- participates in community activities, organizations and events in the best interest of all.

*Have a new
neighbor?*

Be sure and share
your copy of the
Clifton Clatter
with them so they
can learn about
joining the CBA.

Something you would
like to see in the Clatter?
Please email us at
cliftonclatter@gmail.com
We will do our best to
include it in a future
edition.

Clifton Betterment Association

P.O. Box 94
Clifton, VA 20124
www.cliftonVA.org

Our Community, Our Clifton

Placing an Ad in the Clifton Clatter is Easy!

Display Ad Sizes and Rates:

Ad Size	Per Issue Price	Circle issue months: Sep- Dec
1/8 Page	\$20	Ad Copy Changes: Fixed Occasional Variable
1/4 Page	\$40	
1/2 Page (Landscape Only)	\$80	
Full Page	\$160	New ad copy by: 20 th of the month prior to issue

Check: \$ _____ / # _____ Please make check payable to CBA.

Send check and this form to:

Clifton Clatter Advertising, c/o Ann O'Dea, 6918 Clifton Rd., Clifton, VA 20124

Send ad (in a jpeg file) and instructions to cliftonclatter@gmail.com

Business Name: _____ Contact Person: _____

Email Address: _____ Phone: _____

Mailing Address: _____

Special Instructions: _____

Please contact cliftonclatter@gmail.com